

IDC PREP WEEK SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
AM	9.00-13.00 Two Fun Dives: Get back in the water, familiarise yourself with our boats, check your trim & see some of Carriacou's amazing marine life!	9.00-13.00 Skills Practice 1: Skills briefing, followed by a run-through of all 24 Open Water skills with one of our experienced instructors.	9.00-13.00 Two Fun Dives	9.00-13.00 Skills Practice 2: A run-through of all 24 Open Water skills with one of our experienced instructors. This one will be a mock assessment, so that you can receive feedback on how to improve your score.	9.00-13.00 Two Fun Dives	Fun Dives / Theory / RDP & eRPDml / more Skills Practice – your choice	DAY OFF
	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	Lunch Break	
PM	14.00-16.30 Theory Session 1: Here we will look at Quizzes & Past Exams to identify which areas we need to work on.	14.00-16.30 RDP and eRPDml practice	14.00-16.30 Theory Session 2: Choose the topics you would like to review with your instructor.	14.00-16.30 Theory Session 3: More Quizzes & Past Exams to see how your knowledge has improved and identify any areas you need to work on.	14.00-16.30 Skills Practice 3: Choose which skills you want to work on with one of our instructors.		
EVENING (i.e. in your own time)	Read up on agreed topics.	Independently work through RDP & eRPDml examples.	Reading & revision.	Reading & revision.	Reading & revision.		